

# Hammond Hall

Illinois Veterans Home at Quincy



## Activity Guide

October, 2024

***Activities subject to change***

Whittany Flambeau, Activity Aide

Kathy Bernard, Activity Aide

Mia Meacher, Activity Therapist

**Tuesday  
October 1**

*Morning Welcome &  
Write on Boards*

**8:30** Sensory—FS/FM

**9:30** Exercise & Trivia – CA

**10:30** Trivia—FA

**11:15**

**Catholic Communion—FS**

**Afternoon:**

**Sauteed Apples & Music with  
Tim**



**3:30** TV Bingo

**6:00**

**1:1** Visits



<b>Wednesday October 2</b>	<b>Thursday October 3</b>	<b>Friday October 4</b>
<p style="text-align: center;"><i>Morning Welcome &amp; Write on Board</i></p> <p style="text-align: center;"><b>QUINCY UNIVERSITY DAY OF SERVICE</b></p> <p><b>9:00</b> Trivia —CG</p> <p><b>9:30</b> Exercise -CA</p> <p><b>QU TIE DYE PARTY!</b></p> <p><b>11:00</b> Community Meeting— Shapland</p> <p><b>1:30</b> Pretty in Pink—FS</p> <p><b>2:30</b> Bingo—Shapland</p> <p><b>6:00</b> 1:1 visits</p>	<p style="text-align: center;"><i>Morning Welcome &amp; Write on Board</i></p> <p style="text-align: center;"><b>Rosh Hashanah</b></p> <p><i>Ladies Haircuts</i></p> <p><b>8:30</b> 1:1 visits for FM</p> <p><b>9:30</b> Trivia -CA</p> <p><b>10:30</b> Current Events—FA</p> <p><b>11:00</b> Patio Time FM/FS</p> <p><b>Afternoon:</b> Golf Cart Rides OR Movie—weather depending</p> <p><b>6:00</b> Fun with Whit</p>	<p style="text-align: center;"><i>Morning Welcome &amp; Write on Board</i></p> <p><b>9:00</b> Sensory—FM/FS</p> <p><b>9:30</b> Exercise and Trivia—CA</p> <p><b>10:00</b> <b>RAG MEETING</b></p> <p><b>10:45</b> Outdoor time—FA</p> <p><b>11:30</b> 1:1 visits</p> <p><b>2:30</b> Games and Fun!</p>



<p><b>Saturday October 5/ Sunday October 6</b></p>	<p><b>Monday October 7</b></p>	<p><b>Tuesday October 8</b></p>
<p><i>*Independent leisure activities</i>  <i>*Activity supplies available on units and in activity center.</i>  <i>*Please visit Hammond’s wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><b>Sunday:</b></p> <p><i>Whit here 11-7:30</i></p> <p><b>2:00 Blackjack</b>  <b>3:00 Worship</b></p> <p>Chaplain Dave : 9am            Father Chuck: 10 am</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b>  <b>Cards—CG</b></p> <p><b>9:30</b>  <b>Exercise and Trivia—CA</b></p> <p><b>10:30</b>  <b>Pumpkin Decorating</b></p> <p><b>Afternoon:</b>  <b>Walmart Trip!</b></p> <p><b>6:00</b>  <b>Fun with Whit</b></p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>8:30</b> Coffee Chit Chat—FA</p> <p><b>9:30</b> Exercise and Trivia —CA</p> <p><b>10:30</b> Physical Game on Gage</p> <p><b>11:15</b>            Catholic Communion</p> <p><b>2:00</b> Finish Decorating and painting pumpkins!</p> <p><b>3:30</b> TV Bingo</p> <p><b>6:00</b> 1:1 visits</p>



<p align="center"><b>Wednesday October 9</b></p>	<p align="center"><b>Thursday October 10</b></p>	<p align="center"><b>Friday October 11</b></p>
<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p>9:00 Games—FM</p> <p>9:30 Exercise and Trivia—CA</p> <p>10:30 Pretty in Pink</p> <p><b>*BUDDY PROGRAM*</b></p> <p><b>6:00</b> Fun with Whit</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>Haircuts at Gage</b></p> <p><b>9:30</b> Trivia —CA</p> <p><b>10:30</b> Trivia—FA</p> <p><b>11:00</b> 1:1 visits</p> <p align="center"><b>Music with Basil &amp; Afternoon monthly birthday party!</b></p> <p><b>6:00</b> 1:1 visits</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>Breakfast Outing!</b></p> <p><b>9:30</b> Exercise —CA</p> <p><b>11:30</b> 1:1 visits</p> <p><b>2:30</b> Big Bingo!</p>

<p><b>Saturday October 12/ Sunday October 13</b></p>	<p><b>Monday October 14</b></p>	<p><b>Tuesday October 15</b></p>
<p><i>*Independent leisure activities</i>  <i>*Activity supplies available on units and in activity center.</i>  <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><b>Sunday:</b>  <i>Whit here 11-7:30</i></p> <p><b>2:00 Blackjack</b>  <b>3:00 Worship</b></p> <p>Please put channel 2 on in the morning for worship services.</p> <p>Chaplain Dave : 9am            Father Chuck: 10 am</p>	<p><i>*Independent leisure activities</i>  <i>*Activity supplies available on units and in activity center.</i>  <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><b>Holiday—Indigenous Peoples Day</b></p> <p><b>Columbus Day</b></p> <p><b>Thanksgiving in Canada</b></p>	<p><b>Morning Welcome &amp; Write on Boards</b></p> <p><b>9:00</b>            Morning Visits</p> <p><b>9:30</b>            Exercise &amp; Trivia—CA</p> <p><b>10:30</b>            Physical Game—CG</p> <p><b>11:15</b>            Catholic Communion—FS</p> <p><b>2:00</b>            Name That Tune—60's themed trivia and fun</p> <p><b>3:30</b>            TV Bingo</p> <p><b>6:00</b>            1:1 visits</p>



CA—Camp Asten CG—Camp Gage FA - Fort Allen FM—Murphy FS - Fort Shapland LL—Lower Level Activity Room

<p><b>Wednesday October 16</b></p>	<p><b>Thursday October 17</b></p>	<p><b>Friday October 18</b></p>
<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:30</b> Exercise —CA</p> <p><b>10:00</b> Music with Tim—Shapland</p> <p><b>11:15</b> Pretty in Pink—FS</p> <p><b>2:00</b> Bingo with Margie!</p> <p><b>6:00</b> Fun with Whit</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><i>Haircuts on Asten</i></p> <p><b>9:15</b> Group —FS</p> <p><b>9:30</b> Exercise— CA</p> <p><b>10:00</b> Exercise Group—FA</p> <p><b>11:00</b> Wii Bowling—CA</p> <p><b>Afternoon: Golf cart rides OR Movie—weather depending</b></p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> Trivia—CG</p> <p><b>9:30</b> Exercise &amp; Trivia—CA</p> <p><b>10:30</b> Outdoor Time</p> <p><b>2:00</b> <b>Volunteer Voices and Founders Day Party!</b></p>



<b>Saturday October 19/ Sunday October 20</b>	<b>Monday October 21</b>	<b>Tuesday October 22</b>
<p><i>Morning Welcome &amp; Write on Board</i></p> <p><i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><b>Saturday:</b> <i>Kathy Here 8-4:30</i></p> <p><b>Sunday:</b> <i>Whit here 11-7:30</i></p> <p><b>2:00 Blackjack</b> <b>3:00 Worship</b> Please put channel 2 on in the morning for worship services.</p> <p>Chaplain Dave : 9am Father Chuck: 10 am</p>	<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>9:00</b> Sensory—CG</p> <p><b>9:30</b> Exercise &amp; Trivia—CA</p> <p><b>10:30</b> Games—FM/FS</p> <p><b>11:15</b> 1:1 visits</p> <p><b>Lunch Outing!</b></p> <p><b>6:00</b> Fun with Whit!</p>	<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>9:30</b> Exercise &amp; Trivia—CA</p> <p><b>11:00</b> 1:1 visits</p> <p><b>2:00</b> Courtyard</p> <p><b>3:30</b> TV Bingo</p> <p><b>6:00</b> 1:1 visits</p>





CA—Camp Asten CG—Camp Gage FA - Fort Allen FM—Murphy FS - Fort Shapland LL—Lower Level Activity Room

<b>Wednesday October 23</b>	<b>Thursday October 24</b>	<b>Friday October 25</b>
<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> 1:1 visits</p> <p><b>9:30</b> Exercise and Trivia—CA</p> <p><b>10:30</b> Current Events—CG</p> <p><b>11:00</b> Outdoor Time</p> <p><b>Afternoon:</b> Chili Cookoff &amp; 60's Music</p> <p><b>6:00</b> 1:1 Visits</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p>Haircuts on Allen/Murphy</p> <p><b>9:00</b> Sensory— CG</p> <p><b>9:30</b> Trivia—CA</p> <p><b>10:15</b> Trivia—FA</p> <p><b>11:00</b> Games—FM</p> <p><b>Afternoon:</b> Fall Foliage Drive!</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> Games—FM</p> <p><b>9:30</b> Exercise and trivia—CA</p> <p><b>10:30</b> Exercise -FA</p> <p><b>11:00</b> Outdoor Time</p> <p><b>2:30</b> Bingo—FS</p>



<p align="center"><b>Saturday October 26/ Sunday October 27</b></p>	<p align="center"><b>Monday October 28</b></p>	<p align="center"><b>Tuesday October 29</b></p>
<p><i>*Independent leisure activities</i>  <i>*Activity supplies available on units and in activity center.</i>  <i>*Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><b>Sunday:</b>  <i>Whit here 11-7:30</i></p> <p><b>2:00 Blackjack</b>  <b>3:00 Worship</b></p> <p><b>Please put channel 2 on in the mornings for worship services.</b></p> <p>Chaplin Dave—9am            Father Chuck—10am</p>	<p align="center"><b>Morning Welcome &amp; Write on Boards</b></p> <p><b>8:45</b> Patio Time</p> <p><b>9:30</b> Exercise and Trivia—CA</p> <p><b>10:30</b> Physical Game—Gage</p> <p><b>11:15</b> 1:1 visits</p> <p><b>Afternoon:</b> Outing</p> <p><b>6:00</b> Fun with Whit</p>	<p align="center"><b>Morning Welcome &amp; Write on Boards</b></p> <p><b>9:30</b> Exercise and Trivia—CA</p> <p><b>10:30</b> Sensory—FS/FM</p> <p><b>11:15</b> Catholic Communion</p> <p><b>Afternoon:</b> Halloween Movie</p> <p><b>3:30</b> Bingo on TV</p>

<p><b>Wednesday October 30</b></p>	<p><b>Thursday October 31</b></p>	
<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>9:30</b> Exercise -CA</p> <p><b>10:00</b> Music with Tim—FS</p> <p><b>11:15</b> Outdoor time if weather permits</p> <p><b>Afternoon</b> Spooky Movies and Popcorn!</p> <p><b>6:00</b> 1:1 visits</p>	<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>8:30</b> 1:1 visits for CG</p> <p><b>9:30</b> Trivia-CA</p> <p><b>10:15</b> Current Events—FA</p> <p><b>11:00</b> Patio Time FM/FS</p> <p><b>Afternoon:</b> Halloween Party!! Flower Power Theme—60's Baby</p> <div data-bbox="858 1099 1038 1274" data-label="Image"> </div>	<div data-bbox="1102 667 1453 999" data-label="Image"> </div>

