

# Hammond Hall

Illinois Veterans Home at Quincy



## Activity Guide

March, 2026

Activities subject to change

Activity Staff at Hammond:

Whittany Flambeau, Activity Aide

Kathy Bernard, Activity Aide

Mia Meacher, Activity Therapist

**Sunday  
March 1**

**Whit Here 11-7:30**

**2:00**

Bingo—Asten


**3:00**

Worship with Rev. Dave Hall

Please put on Channel 2 for  
morning worship

Chaplain Dave: 9am

Father Chuck: 10am

COME JOIN OUR  
**BIBLE**  
  
Study





CA— Camp Asten CG— Camp Gage FA - Fort Allen FM— Murphy FS - Fort Shapland LL—Lower Level Activity Room

<b>Monday March 2</b>	<b>Tuesday March 3</b>	<b>Wednesday March 4</b>
<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> Sensory —FS</p> <p><b>9:30</b> Exercise—CG</p> <p><b>10:30</b> Current Events—FA</p> <p><b>11:30</b> Lunch Outing—please sign up with activities, limited space</p> <p><b>3:00</b> Rummy Games—CA</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:30</b> Exercise and Fun Facts —CA</p> <p><b>10:30</b> Pretty in Pink</p> <p><b>11:00</b> Catholic Communion</p> <p><b>2:45</b> Jeopardy</p> <p><b>3:30</b> Bingo Channel 2</p> <p><b>6:00</b> Wii Bowling</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> 1:1 visits</p> <p><b>10:00</b> Music with Tim</p> <p><b>11:00</b> Community &amp; Food Committee Meeting—Shapland</p> <p><b>2:00</b> Bingo with Margie</p> <p><b>6:00</b> Facetime/Tech</p>

Do you watch March Madness? Who are you rooting for?



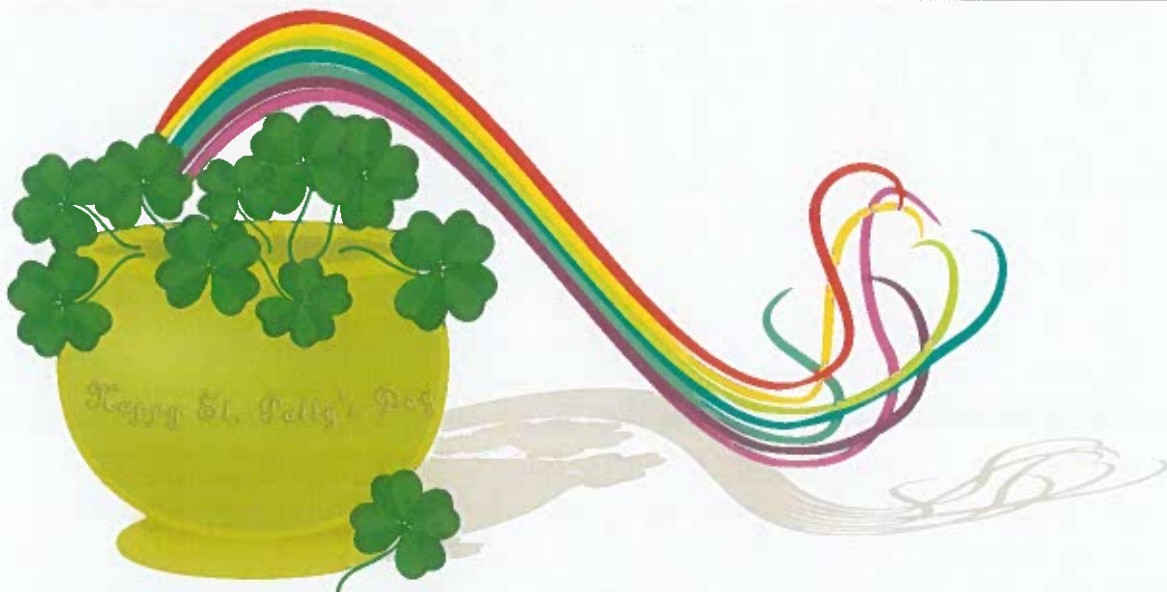
CA - Camp Asten CG - Camp Gage FA - Fort Allen FM - Murphy FS - Fort Shapland LL - Lower Level Activity Room

<p><b>Thursday March 5</b></p>	<p><b>Friday March 6</b></p>	<p><b>Saturday March 7/Sunday March 8</b></p>
<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>Haircuts Ladies—Shapland</b></p>  <p><b>9:30</b> Exercise—CG</p> <p><b>10:30</b> Trivia—FA</p> <p><b>2:30</b> Big Physical Game—Balloon Ball!</p> <p><b>6:00</b> Rummy Games</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:30</b> Exercise—CG</p> <p><b>10:00</b> RAG MEETING WEBEX—CG</p> <p><b>11:15</b> Sensory Group—FS</p> <p><b>2:00</b> Movie and Snacks—CA <b>*Second Hand Lions*</b></p>	<p><i>Saturday</i></p> <p><i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><i>Sunday</i></p> <p><b>3:00</b> Worship with Dave</p> <p>Please put on Channel 2 for morning worship Chaplain Dave: 9am Father Chuck: 10am</p> 




CA—Camp Asten CG—Camp Gage FA - Fort Allen FM—Murphy FS - Fort Shapland LL—Lower Level Activity Room

<p align="center"><b>Monday March 9</b></p>	<p align="center"><b>Tuesday March 10</b></p>	<p align="center"><b>Wednesday March 11</b></p>
<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:30</b> Exercise &amp; Trivia—CG</p> <p><b>10:15</b> Pretty in Pink</p> <p><b>11:00</b> Current Events—FA</p> <p><b>2:30</b> Ship, Captain, Crew Tournament</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> Sensory—FM</p> <p><b>9:30</b> Exercise &amp; Trivia—CA</p> <p><b>10:30</b> Current Events—FA</p> <p><b>11:00</b> Catholic Communion</p> <p><b>2:30</b> Word Games—FS</p> <p><b>3:30</b> TV Bingo—FS</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> Sensory visits</p> <p><b>9:30</b> Exercise —CG</p> <p><b>10:30</b> Card Games—FM</p> <p><b>1:00</b> Buddy Program</p> <p><b>3:00</b> Trivia and sensory—FS</p>




<p><b>Thursday March 12</b></p>	<p><b>Friday March 13</b></p>	<p><b>Saturday March 14/ Sunday, March 15</b></p>
<p><i>Morning Welcome &amp; Write on Board</i></p>  <p><b>9:00</b> Haircuts with the Barber Gage</p> <p><b>9:30</b> Exercise &amp; Trivia—CG</p> <p><b>10:30</b> FS/FM—Group</p> <p><b>2:30</b> Monthly Birthday Party— Shamrock Shakes</p>	<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>8:15</b> Breakfast Outing—please sign up with activities, limited space.</p> <p><b>10:30</b> Pretty in Pink</p> <p><b>11:30</b> Games—FM</p> <p><b>2:30</b> Bingo –FS</p>	<p><i>Saturday</i></p> <p><i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond’s wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><i>Sunday</i></p> <p><b>3:00</b> Worship with Dave</p> <p>Please put on Channel 2 for morning worship Chaplain Dave: 9am Father Chuck: 10am</p>



<p align="center"><b>Monday March 16</b></p>	<p align="center"><b>Tuesday March 17</b></p>	<p align="center"><b>Wednesday March 18</b></p>
<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>SPRING SPIRT WEEK - Flower Power Monday!! Wear flowers and bright colors</b></p> <p><b>9:30</b> Exercise —CG</p> <p><b>10:30</b> Rummy and Cards—FM</p> <p><b>11:00</b> 1:1 and sensory visits</p> <p><b>2:30</b> Rendever and Trips around the world—FS</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>SPRING SPIRT WEEK - Luck O' The Irish Tuesday!! Wear green, shamrocks, or any- thing lucky</b></p> <p><b>9:30</b> Exercise —CG</p> <p><b>10:30</b> Current Events—FA</p> <p><b>11:00</b> Catholic Communion</p> <p><b>2:30</b> St Patty's Party!</p> <p><b>3:30</b> TV Bingo</p> <p><b>6:00</b> Wii Bowling</p> 	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>SPRING SPIRT WEEK - Retro Rewind Wednesday!! 80s/90s day!</b></p> <p><b>9:00</b> Pretty in Pink</p> <p><b>10:00</b> Music with Tim—FS</p> <p><b>11:15</b> Visits and Sensory</p> <p><b>2:30</b> Decade Trivia and Fun</p> <p><b>6:00</b> Facetime and Tech with Whit</p>



<p><b>Thursday March 19</b></p>	<p><b>Friday March 20</b></p>	<p><b>Saturday March 21/ Sunday March 22</b></p>
<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>SPRING SPIRT WEEK - Hats off Thursday!! Wear a fun hat!</b> </p> <p><b>9:00</b> Haircuts with the Barber -Asten</p> <p><b>9:30</b> Exercise—CG</p> <p><b>10:30</b> Laughs and Jokes—FA</p> <p><b>11:15</b> Sensory visits—FS</p> <p><b>2:00</b> Bingo with Margie—FS</p> <p><b>6:00</b> Rummy Games</p>	<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>SPRING SPIRT WEEK - Snuggle up Friday!! PJ day!</b></p> <p><b>9:30</b> Exercise &amp; Trivia—CG</p> <p><b>10:30</b> Card Games—FM</p> <p><b>11:30</b> Rendever- FS</p> <p><b>2:00</b> Movie and Snacks—CA <b>*Fried Green Tomatoes*</b></p> <p><b>FIRST DAY OF SPRING</b></p>	<p><i>Morning Welcome &amp; Write on Boards Saturday</i></p> <p><b>Kathy Here 8-4:30</b></p> <p><b>Sunday</b></p> <p><b>2:00</b> Bingo—FS</p> <p><b>3:00</b> Worship with Dave</p> <p>Please put on Channel 2 for morning worship Chaplain Dave: 9am Father Chuck: 10am</p>



<b>Monday March 23</b>	<b>Tuesday March 24</b>	<b>Wednesday March 25</b>
<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> Morning Visits—FM</p> <p><b>9:30</b> Exercise and Trivia—CG</p> <p><b>10:30</b> 1:1 visits</p> <p><b>1:30</b> Walmart Trip—please sign up with activity staff as space is limited.</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:30</b> Exercise and Trivia—CG</p> <p><b>10:30</b> Fun Facts—FA</p> <p><b>11:00</b> Catholic Communion</p> <p><b>2:30</b> Jeopardy</p> <p><b>3:30</b> Bingo—Channel 2</p> <p><b>6:00</b> Wii Bowling</p>	<p align="center"><i>Morning Welcome &amp; Write on Board</i></p> <p><b>9:00</b> Sensory—FM/FS</p> <p><b>9:30</b> Exercise—CG</p> <p><b>10:30</b> Current Events—FA</p> <p><b>11:30</b> 1:1 Visits</p> <p><b>2:30</b> Happy Hour!</p> <p><b>6:00</b> Facetime and Tech</p>

**What is your favorite book to read?**



<p><b>Thursday March 26</b></p>	<p><b>Friday March 27</b></p>	<p><b>Saturday March 28/ Sunday March 29</b></p>
<p><i>Morning Welcome &amp; Write on Board</i></p> <p><b>9:00</b> Haircuts—Fort Allen and Fort Murphy</p>  <p><b>9:30</b> Exercise &amp; Trivia—CG</p> <p><b>10:30</b> Trivia—FS</p> <p><b>2:30</b> Bingo—FS</p> <p><b>6:00</b> Rummy Games</p>	<p><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:30</b> Exercise and Trivia—CG</p> <p><b>10:30</b> Trivia—FA</p> <p><b>11:30</b> Card games—FM</p> <p><b>2:00</b> Movie &amp; Snacks <b>*Field of Dreams*</b></p>	<p><i>Saturday</i></p> <p><i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond's wonderful library for DVDs, Books, Magazines, and more!</i></p> <p><i>Sunday</i></p> <p><b>2:00</b> Bingo <b>3:00</b> Worship with Dave</p> <p>Please put on Channel 2 for morning worship Chaplain Dave: 9am Father Chuck: 10am</p>

What is your favorite thing to plant in the spring?



<p align="center"><b>Monday March 30</b></p>	<p align="center"><b>Tuesday March 31</b></p>	
<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:30</b> Exercise &amp; Trivia—CG</p> <p><b>10:15</b> Pretty in Pink</p> <p><b>11:00</b> Current Events—FA</p> <p><b>2:30</b> Rummy Tournament</p>	<p align="center"><i>Morning Welcome &amp; Write on Boards</i></p> <p><b>9:00</b> Sensory—FM</p> <p><b>9:30</b> Exercise &amp; Trivia—CA</p> <p><b>10:30</b> Current Events—FA</p> <p><b>11:00</b> Catholic Communion</p> <p><b>2:45</b> Balloon Tennis!</p> <p><b>3:30</b> TV Bingo—FS</p> <p><b>6:00</b> Wii Bowling</p>	

Have you attended the Honor Flight?

