

Hammond Hall

Illinois Veterans Home at Quincy



Activity Guide

January 2021

Activities subject to change

Activity Staff at Hammond:

Whittany Flambeau, Activity Aide

Sue Runser, Activity Aide

Mia Meacher, Activity Therapist

CA– Camp Asten CG– Camp Gage FA - Fort Allen FM– Murphy FS - Fort Shapland LL—Lower Level Activity Room

Friday/Sat/Sunday Jan 1, 2, 3	Monday January 4	Tuesday January 5
<p>January 1 : Activity staff off Happy New Year</p> <p>January 2/3:</p> <p><i>*Independent leisure activities</i></p> <p><i>*Activity supplies available on units and in activity center.</i></p> <p><i>*Please visit Hammond’s wonderful library for DVDs, Books, Magazines, and more!</i></p>	<p>Morning one on one activities with the residents</p> <p>10:00 History and Trivia</p> <p>2:00 Music on the units</p>	<p>Morning one on one activities with the residents</p> <p>10:00 Who Am I?</p> <p>2:00 Travelling crafts and fun</p>



<p>Wednesday January 6</p>	<p>Thursday January 7</p>	<p>Friday January 8</p>
<p><i>Morning Welcome & Write on Board</i></p> <p>9:00 Morning Visits</p> <p>11:30 Community Meeting—Camp Asten and on Zoom</p> <p>Afternoon Travelling Cooking class</p>	<p><i>Morning Welcome & Write on Board</i></p> <p>Morning: Travelling exercise and one on one visits</p> <p>Afternoon Travelling Games</p>	<p><i>Morning Welcome & Write on Board</i></p> <p>Morning: Name That Tune travelling on the units</p> <p>Afternoon: Travelling physical games and fun on the units</p>



<p>Saturday January 9/ Sunday January 10</p>	<p>Monday January 11</p>	<p>Tuesday January 12</p>
<p><i>Morning Welcome & Write on Boards</i></p> <p><i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond’s wonderful library for DVDs, Books, Magazines, and more!</i></p>	<p><i>Morning Welcome & Write on Boards</i></p> <p>9:15 Reminiscing—FM</p> <p>10:00 Stretch—FA on zoom channel 2</p> <p>11:00 Sensory—CG</p> <p>Afternoon Coffee Cart and Chats</p> <p>6:00 1:1 visits</p>	<p><i>Morning Welcome & Write on Boards</i></p> <p>9:30 Rendever Trips—CG</p> <p>10:30 Stretch—FA on zoom TV</p> <p>11:00 Rendever Trips—FM</p> <p>Afternoon Travelling Games and fun</p> <p>6:00</p>



<p align="center">Wednesday January 13</p>	<p align="center">Thursday January 14</p>	<p align="center">Friday January 15</p>
<p align="center"><i>Morning Welcome & Write on Boards</i></p> <p>9:30 Physical Games —CG</p> <p>10:30 Puzzle Table—FM</p> <p>11:00 Stretch Group—FA</p> <p>2:30 Music & Coffee—CA</p> <p>3:00 Table Games—FA</p> <p>3:30 Music & Coffee—FS</p> <p>6:00 1:1 visits</p>	<p align="center"><i>Morning Welcome & Write on Boards</i></p> <p>Morning visits and one on one activities</p> <p>11:30 1:1 visits—FM</p> <p>Travelling Coffee and Cookies</p> <p>6:00 1:1 visits</p>	<p align="center"><i>Morning Welcome & Write on Boards</i></p> <p>9:00 Physical Game—FM</p> <p>10:30 Stretch—FS</p> <p>11:00 Wii Bowling—CA</p> <p>2:30 Bingo—FA</p> <p>3:30 Reminiscing - CG</p>
<p align="center"> A SINGLE ACT OF <i>Kindness</i> THROWS OUT ROOTS IN ALL DIRECTIONS, AND THE ROOTS SPRING UP AND MAKE NEW TREES. - AMELIA EARHART </p>		

CA– Camp Asten CG– Camp Gage FA - Fort Allen FM– Murphy FS - Fort Shapland LL—Lower Level Activity Room

<p>Saturday January 16/ Sunday January 17</p>	<p>Monday January 18</p>	<p>Tuesday January 19</p>
<p><i>*Independent leisure activities</i> <i>*Activity supplies available on units and in activity center.</i> <i>*Please visit Hammond’s wonderful library for DVDs, Books, Magazines, and more!</i></p> <p>Sunday: <i>Whit her 8-4:30</i></p> <p>Please put channel 2 on in the morning for worship services.</p> <p>Chaplain Dave : 9am Father Edgar: 10 am</p>	<p><i>Happy Martin Luther King Day</i></p> <p><i>Activity Staff Off</i></p>	<p><i>Morning Welcome & Write on Boards</i></p> <p>9:00 Morning Visits</p> <p>10:30 Stretch—CA on zoom channel 2</p> <p>11:00 Reminiscing—FM</p> <p>Afternoon Birthday Party travelling</p> <p>6:00</p>



CA– Camp Asten CG– Camp Gage FA - Fort Allen FM– Murphy FS - Fort Shapland LL—Lower Level Activity Room

Wednesday January 20	Thursday January 21	Friday January 22
<p><i>Morning Welcome & Write on Boards</i></p> <p>9:30 Nails and Sensory—FS</p> <p>10:30 Exercise Group—CA</p> <p>11:00 Visits on the units</p> <p>2:30 Bingo –FA</p> <p>3:30 Trivia and Reminiscing—CG</p> <p>6:00</p>	<p><i>Morning Welcome & Write on Boards</i></p> <p>Morning: One on one activities</p> <p><i>Afternoon: Travelling Rootbeer Floats</i></p> <p>6:00 1:1 Visits</p>	<p><i>Morning Welcome & Write on Boards</i></p> <p>9:00 Physical Game—FM</p> <p>10:30 Stretch—FS</p> <p>11:00 Wii Bowling—CA</p> <p>2:30 Bingo—FA</p> <p>3:30 Music and fun on zoom</p>



CA– Camp Asten CG– Camp Gage FA - Fort Allen FM– Murphy FS - Fort Shapland LL—Lower Level Activity Room

<p>Saturday January 23/ Sunday January 24</p>	<p>Monday January 25</p>	<p>Tuesday January 26</p>
<p><i>Morning Welcome & Write on Board</i></p> <p><i>*Independent leisure activities *Activity supplies available on units and in activity center. *Please visit Hammond’s wonderful library for DVDs, Books, Magazines, and more!</i></p> <p>Sunday:</p> <p>Please put channel 2 on in the morning for worship services.</p> <p>Chaplain Dave : 9am Father Edgar: 10 am</p>	<p><i>Morning Welcome & Write on Board</i></p> <p>9:00 Sensory and Reminiscing—FM/ FS</p> <p>10:45 Stretch—FA on zoom channel 2</p> <p>11:15 1:1 visits—CG</p> <p>Van Rides</p> <p>6:00 1:1 visits</p>	<p><i>Morning Welcome & Write on Board</i></p> <p>9:00 Coloring —FS</p> <p>10:30 Stretch—FA on zoom TV</p> <p>11:00 1:1 visits</p> <p>Travelling Word Games and fun</p> <p>6:00 1:1 visits</p>



<p>Wednesday January 27</p>	<p>Thursday January 28</p>	<p>Friday January 29</p>
<p><i>Morning Welcome & Write on Boards</i></p> <p>9:00 Morning Visits</p> <p>10:30 Sensory Time —CG</p> <p>Travelling Trivia and Reminiscing on the units</p> <p>6:00 1:1 Visits</p>	<p>Morning: One on One visits and fun</p> <p>Afternoon: Travelling music</p>	<p>Morning: Travelling news and who am I?</p> <p>Afternoon: Travelling exercise and fun</p>



**Saturday January 30/
Sunday January 31**

*Morning Welcome &
Write on Board*

**Independent leisure activities*

**Activity supplies available on
units and in activity center.*

**Please visit Hammond's
wonderful library for DVDs,
Books, Magazines, and
more!*

Sunday:

Please put channel 2 on in the
morning for worship services.

Chaplain Dave : 9am

Father Edgar: 10 am

